



Rio 01 Boys

Category: Technical: Passing & Receiving
Skill: U13 | Start Time: 03-Dec-2013 17:05h

Pro-Club: Colorado Rapids Soccer Club
Brian Crookham, Colorado, United States of America

Description

01 Boys Coaching Session for December Visit

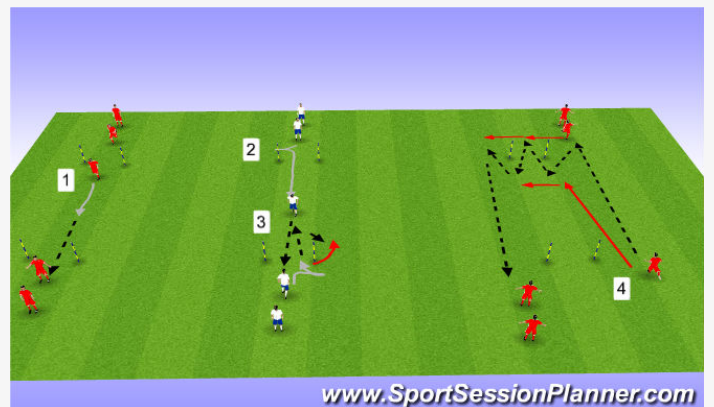
2:2 + 1 to Targets

- 2:2 + 1 to two targets
- 2 minute games
- Find spaces between lines
- 1) score
- 2) play to someone that can score
- 3) keep it and try from another angle



Passing Patterns

- 1) Dribble half way at pace - pass to next player who receives on the move at gate
- 2) Dribble half way - pass - receiver hides ball and dribbles out
- 3) Dribble half way - pass - receiver hides ball and gets out with wall pass
- 4) Long pass down channel - follow for 2 wall passes - comes out other side



6:6 +2 to 2 targets

- 3 Minute Games
- 1) Play to target - target gives to defending team
- 2) Play to target - multi directional
- 3) Play to target - support and carry into end zone
- Emphasis on simple play, short support, group connection, 2-3-1 shape

