



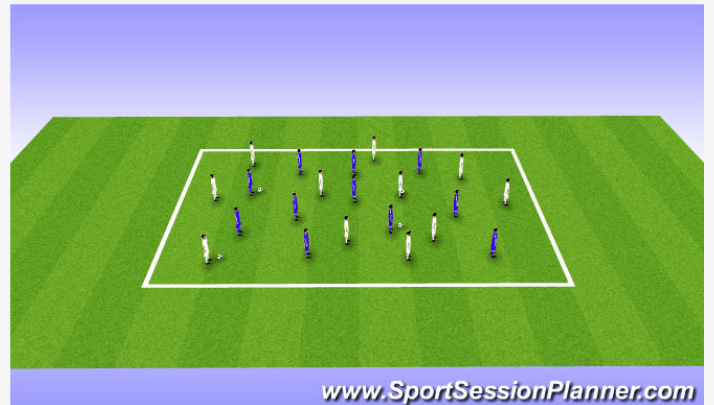
# RIO RAPIDS - 04 BOYS SESSION - COLLECTIVE POSSESSION TO ADVANCE

Category: Tactical: Possession  
Skill: Mixed age

Pro-Club: Colorado Rapids Soccer Club  
Danny Stone, Denver, United States of America

## WARM UP

Passing and receiving ball movement. Different types of player movement. Varying range of passing. Different types of passing. Dynamic stretching.



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## POSSESSION - 7v7+N

7v7+N to Targets:  
5 connected passes scores a point.  
3 minute rounds.  
4 teams, two games going. Round robin. Teams keep total score after playing each other.



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## POSSESSION - 5v5+N to Targets:

5v5+N to Targets:  
5 connected passes scores a point or finding targets scores 2 points.  
3 minute rounds.  
4 teams, two games going. Round robin. Teams keep total score after playing each other.



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## GAME: 9v9

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50x60 yard field.

