



U13-U14 Coaching Clinic - Possession to Advance - Playing out of the Back - Shape Diagrams

Category: Tactical: Playing out from the back
Difficulty: Moderate | Start Time: 22-Mar-2016 17:00h

Am-Club: Rio Rapids Soccer Club
Ray Nause, Albuquerque, NM, United States of America

Description

Rio Rapids SC U13-U14 In-Service Clinic
Possession to Advance - Playing out of the Back
Recommended Shape

11v11 Recommended Shape

DESCRIPTION/ORGANIZATION:

Recommended team shape for 11v11 at U13/U14: 4-2-3-1

COACHING POINTS:



11v11 Playing out of the Back Shape

DESCRIPTION/ORGANIZATION:

Recommended team shape for playing out of the back - 11v11

COACHING POINTS:

outside backs #2 & #3 push up high and wide
split center backs #4 & #5
#6 drops in between #4 & #5 to play with them when they are in possession



11v11 Goal Kick Shape

DESCRIPTION/ORGANIZATION:

Recommended team shape for goal kicks - 11v11

COACHING POINTS:

Strong side outside back pushes high and wide
Strong side center back splits out wide into space opened by outside back
Other center back provides short central passing option inside D
Weak side outside back provides weak side short passing option on edge of penalty box



