



03 / U16G - Possession to advance - combine with teammates

Category: Tactical: Combination play
Difficulty: Difficult

Am-Club: Rio Rapids Soccer Club
Chris Brennan, Albuquerque, United States of America

4v4 to targets (20 mins)

DESCRIPTION/ORGANIZATION: 4v4 possession to targets

play 1v1 in each 15x15 square (all players restricted to their own grid)

try to combine to move ball from targets to targets (targets can play to each other)

COACHING POINTS:

Create angles/space to be able to receive passes and face forward

If cant face forward protect ball and play the way you face and combine with support players underneath



3v3 to goals (+support players) (20 mins)

DESCRIPTION/ORGANIZATION: 3v3 to goals with support players

3v3 on field (with 90 second games) - add a neutral if needed

All support players restricted to one touch

COACHING POINTS:

Receive to face forward whenever possible

Combine with team mates if cant progress forward

Movement off ball to create angles/space

