



Rio 01B - Poss to Advance - Playing in gaps

Category: Tactical: Attacking principles
Difficulty: Moderate

Am-Club: Rio Rapids Soccer Club
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8v8 Rondo (20 mins)

DESCRIPTION/ORGANIZATION:

7v7 to Targets

44x50

*Neutral players can be the 3/4, 9/10 - Can add a #6 in middle zone if needed

*Play possession game using neutral players to help keep the ball

*Wide players do not defend each other

*Wide players and Neutral players can have touch restrictions

*Play # of passes = 1 pt

COACHING POINTS:

*Players move to support as ball moves

*Open body to field

*If defenders stay central play wide



6v2 Rondo (10 mins)

DESCRIPTION/ORGANIZATION:

*Rondo of 4v2, 5v2, 6v2

*15x10 space

*Defenders in for 1 min

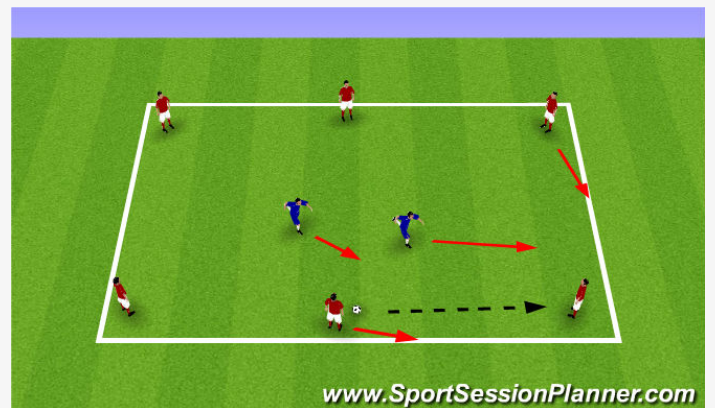
COACHING POINTS:

*Players move to support as ball moves

*Open body to field

*If defenders stay central play wide

*If defenders become split taking away the wide ball play through the gap



4v4 + 3 Rondo (20 mins)

DESCRIPTION/ORGANIZATION:

*4v4 + 3 Rondo

*30x40

*Neutral players can be the 3/4, 6/8, 9/10

*Play possession game using neutral players to help keep the ball

*Neutral players can have touch restrictions

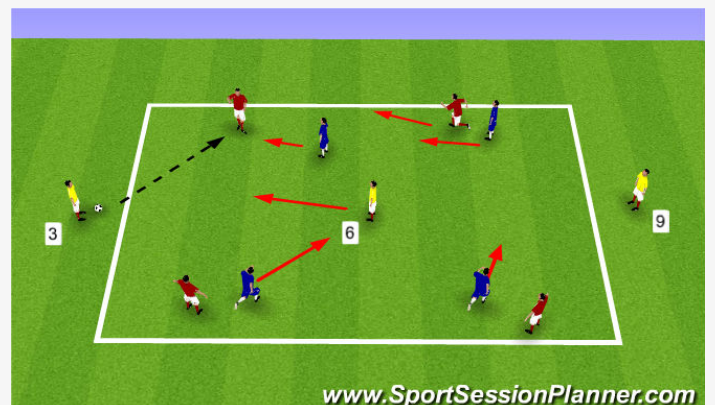
*Play # of passes = 1 pt

COACHING POINTS:

*Players move to support as ball moves

*Open body to field

*If defenders stay central play wide



8v8 + gks (20 mins)

DESCRIPTION/ORGANIZATION:

*8v8 + GK game

*1/2 field

COACHING POINTS:

Free play to bring out topic

