

03 / U17G - possession to advance - combine with team mates

Category: Tactical: Combination play Difficulty: Difficult

Am-Club: Rio Rapids Soccer Club Girls Directors, Albuquerque, United States of America

4v4 (+1) to neutral targets (25 mins)

DESCRIPTION/ORGANIZATION:

Players play 4v4 (+1) in grid and can play to any of the 4 neutral players in each corner of field.

- 1. Players score a point every time they connect to a neutral player.
- 2. To score a point players must play to a neutral and receive the ball back (to any team mate)
- 3. To score players must play to a neutral, receive the ball back and complete one further pass.

COACHING POINTS:

Head up, recognize where space is and which targets/neutrals are easiest to connect with.

Movement off ball to support player on ball.

Thinking ahead of the game - can players support the next pass in advance?



2v1 to end lines (25 mins)

DESCRIPTION/ORGANIZATION:

2v1 to end lines

- 1. The defender comes from diagonally opposite the first attacker
- 2. The defender comes from straight in front of the first attacker

COACHING POINTS:

- be positive on the dribble try to score yourself (make the defender commit)
- timing of run from 2nd attacker dont go too early and get behind the defender
- dont over complicate should be no more than two passes to cross the line



6v6 (+2) to end zones/goal (30 mins)

DESCRIPTION/ORGANIZATION:

5v5(+2) to goal and end zones

Teams attack the end zone - they score by combining into the end zone. If they score then they immediately turn and attack the opposite end (combine into the end zone and then shoot on goal)

COACHING POINTS:

Use the two neutral players to create numbers up situations to combine.

Early movement off ball / create good angles of support Positive in possession

