



## U13-U19 Formation - J. Sells

**Category:** Tactical: Position specific

**Difficulty:** Difficult

Am-Club: New Mexico Rapids Soccer Club  
Technical / Coaching Directors, Albuquerque, United States  
of America

### U13-U19 Formation (60 mins)

#### U13-U19 Formation: GK-4-2-3-1

##### Description & CP's

Recommended playing structure for U13-U19 includes a formation that consists of:

1 Goalkeeper (#1)

4 Defenders (#2,3,4 and 5)

5 Midfielders (#6,8,10, 7 and 11)

1 Forward (#9)

