



11v11 Playing Out

Category: Tactical: Full game form

Difficulty: Moderate

Am-Club: New Mexico Rapids Soccer Club
Technical / Coaching Directors, Albuquerque, United States
of America

Playing out of the Back (11v11)

DESCRIPTION/ORGANIZATION:

Recommended team shape for playing out of the back on goal kicks- 9v9 at U11/U12

*GK (#1) should take all goal kicks

*#4/5 needs to be a strong player who can make quick decisions and have among the best ability on the team to strike a ball for distance. Those players should start in the half spaces off goal kick inside penalty area.

*Play is live when the goalkeeper kicks the ball

*Strong-sided playing shape to build out (different than in previous year due to new goal kick rule). Movements A, B, and C based on direction goal kick is taken.

COACHING POINTS:

Starting positions-

*Center defenders (#4, #5) slightly to the outside (half space) and in front of GK (4/5 in diagram)

*Strong side outside back (#2) needs to drop off and open up creating outside passing support angle.

*Strong side outside midfielder (#7) needs to open up wide or come inside based on opposition press. Weak side outside back (#3) tucks into the edge of the box at about the penalty spot to protect goal in case team immediately loss of possession.

*Holding midfielders takes up a central position outside of the penalty area (#6/8 in diagram) to create a central playing options with possible midfield overload as well as support (link up) players for longer passes out of the back to #9, #10, #7 or #11.

*Center mid (#10) takes up a higher position in seems located between midfield line of players (seems between #7/6, #6/8 and #8/11).

*Forward (#9) takes up a position higher around midfield towards the strong side edge of the center circle as a penetrating option for when opponent presses with numbers high (#9 in diagram). Longer passing outlet when opponent is pressing higher. Player must understand the importance of hold up play.

^These tactics are reversed if play is initiated out the other side of the field.

