



9v9 Playing out of The Back

Category: Tactical: Full game form

Difficulty: Moderate

Am-Club: New Mexico Rapids Soccer Club
Technical / Coaching Directors, Albuquerque, United States
of America

Playing out of the Back (9v9)

DESCRIPTION/ORGANIZATION:

Recommended team shape for playing out of the back on goal kicks- 9v9 at U11/U12

*GK (#1) should take all goal kicks

*#4/5 needs to be a strong player who can make quick decisions and have among the best ability on the team to strike a ball for distance

*Play is live when the goalkeeper kicks the ball

*Strong-sided playing shape to build out (different than in previous year due to new goal kick rule). Movements A, B, and C based on direction goal kick is taken.

COACHING POINTS:

Starting positions-

*Center defenders (#4, #5) slightly to the outside (1/2 space) and in front of GK (4/5 in diagram)

*Weak side midfielder (#11) tucks into the edge of the box at about the penalty spot to protect goal in case team immediately loss of possession.

*Strong side wing (#7) sets up on sideline in a position to be a longer passing option wide or to join strong side defender (#4) to create a 2v1 if central defender (#4) carries ball out of box.

*Holding mids takes up a central position outside of the penalty area (6/8 in diagram) to create a 2v1 option inside for the central defender (#4) in the diagram if they penetrate with dribble.

*Center mid (#10) takes up a higher position in seems located between midfield line of players (seems between #7/6 or #6/8).

*Forward (#9) takes up a position higher around midfield towards the strong side edge of the center circle as a penetrating option for when opponent presses with numbers high (#9 in diagram). Longer passing outlet when opponent is pressing higher.

